

Assurance of Student Learning Reflection 2024-2025	
<i>College of Health and Human Services</i>	<i>School of Kinesiology, Recreation & Sport</i>
<i>Athletic Coaching Certificate (#1770)</i>	
<i>Replace this with the program director and/or assessment coordinator</i>	
Is this an online program? ☐ Yes ☒ No	Please make sure the Program Learning Outcomes listed match those in CourseLeaf. Indicate verification here ☒ Yes, they match! (If they don't match, explain on this page under Evaluation)

Instructions: For the 2024-25 assessment, we are asking you to reflect on the last three-year cycle rather than collect data. It's important to take time to look over the results from the last assessment cycle and really focus on a data-informed direction going forward. In collaboration with your assessment team and program faculty, review each submitted template from 2021-2024 and consider the following for each Program Learning Outcome, add your narrative to the template, and submit the draft to your **ASL Rep** by **May 15, 2025**.

Program Student Learning Outcome 1	
Program Student Learning Outcome	Demonstrate an understanding of state/national athletic rules/regulations.
Evaluation	This outcomes remains very relevant as athletic coaches must have a solid foundation of the state and national sport regulatory rules to safely and effectively manage their programs. The National Federation of High School Sports (NFHS) and the Kentucky High School Athletic Association (KHSAA) mandate that beginning coaches have an basic understanding of their sports' participation rules and regulations. This outcomes does not need revision.
Measurement Instruments	Measurement Instruments: -Coach Advancement Program (CAP) Exams: CAP 1-2 Exams are administered following the CAP learning modules, which covers the basic guidelines and rules/regulations for participation in school sponsored sports at the state and national levels. (PE 290) -National Federation of High School Sports (NFHS) – Fundamentals of Coaching certification module. This certificate is mandatory in the state of KY for all beginning coaches to coach at the MS/HS level. (PE 497)
Criteria & Targets	Goal: 90% of students will score an 80% or better on the CAP 1-2 Exams 90 % of students will earn the NFHS Fundamentals of Coaching certificate Results: CAP 1-2 Exams – 60/71 students passed with 80% or higher = 85% NFHS Certificate – 42/45 students earned the Fundamentals of Coaching certificate = 94%
Results & Conclusion	<u>Results:</u> The 1.1 measure fell short of the goal while 1.2 exceeded expectations. <u>Conclusions:</u> The instruments and appropriate for measuring student achievement in these areas. We did see improvement each year in the 1.1 measure by parsing out the CAP 1 exam and CAP 2 exam to make two-distinctive separate exams, rather than one large exam. This

	helped both teacher and student in the learning process by allowing for smaller chunks of information, which helped students to show improvement on each exam respectively.
<u>**IMPORTANT - Plans for Next Assessment Cycle:</u>	-Continue to improve efforts to have smaller learning modules with content specific to only one CAP exam at a time. This will help students retain information/concepts better, and increase performance on exams. -Enhance learning by incorporating additional in-module activities to reinforce concepts tested on the CAP exams. -Require CAP exam retakes until proficiency is demonstrated

Program Student Learning Outcome 2	
Program Student Learning Outcome	Develop Strength and Conditioning programming for student-athletes.
Evaluation	This outcome remains relevant and measurable as it remains important for athletic coaches to understand their role in designing and supervising quality strength and conditioning programs. No change is needed.
Measurement Instruments	Off – Season Sport Specific Strength and Conditioning Program Assignment (PE 497) NFHS First Aid, Health & Safety Certification (PE 290)
Criteria & Targets	Goals: 90% of students will earn an 80% or higher on the Strength and Conditioning assignment in PE 497 90% of students will earn the NFHS First Aid, Health & Safety certification in PE 290 Results: Strength and Conditioning Assignment: 41/45 students earned 80% or higher = 92% NFHS First Aid, Health & Safety certificate: 59/71 students earned the certificate = 84%
Results & Conclusion	Results: Outcome 2.1 exceeded expectations while 2.2 fell below the 90% anticipated goal. Conclusion: When looking at the 3-year data, the past two cycles we have met our goals for the above outcomes after making some changes. The assessments and expectations remain relevant and show a trend of better student performance in these areas.
<u>**IMPORTANT - Plans for Next Assessment Cycle:</u>	-Maintain current course assignments for strength and conditioning modules -Continue to allow students to create sport-specific conditioning programs for their sport of choice -Allow more time for students to prepare for and complete the NFHS First Aid, Health & Safety module

Program Student Learning Outcome 3	
Program Student Learning Outcome	Develop an athlete-centered coaching philosophy.
Evaluation	This outcome remains central to the professional preparation of coaches entering a career in educational athletics. All coaching education and/or sport pedagogy courses and programs begin with some form of coaching philosophy creation. No revision is needed.

Measurement Instruments	Personal Coaching Philosophy Assignment (PE 290) Coach Advancement Program (CAP) Module 1: The Coach Makes the Difference Workbook
Criteria & Targets	Goals: 90% of students will earn a grade of 80% or higher on the Coaching Philosophy Assignment 90% of students will earn a grade of 80% or higher on the CAP 1 Module workbook & activities Results: Coaching Philosophy Assignment: 63/71 students achieved a grade of 80% or higher = 89% CAP 1 Module workbook and activities: 65/71 students achieved a grade of 80% or higher = 92%
Results & Conclusion	Results: Outcome 3.1 narrowing missed the 90% mark (89%) however, the final two cycles showed improvements which demonstrates that we're trending in the right direction. Outcome 3.2 exceeded expectations at 92% and also shows a positive trend over the past two cycles. Conclusions: After first year reflection, changes were made in adding additional supports to help students develop a personal coaching philosophy one step at a time (versus all at once). Necessary components of the project were broken down into smaller chunks, allowing students to better expand on each aspect of their core value system, and better develop a comprehensive coaching philosophy.
<u>**IMPORTANT - Plans for Next Assessment Cycle:</u>	-Continue to allow multiple drafts of the philosophy assignment with feedback for improvement -Continue to break down the assignment into individual components prior to submission of final project -Increase small group work activities regarding coaching philosophy in-class to deepen understanding for students

To add more outcomes, if needed, select the table above and copy & paste below.

College: College of Health and Human Services

Department: School of Kinesiology, Recreation & Sport

Program: Athletic Coaching (#1770)

Program Director/Assessment Coordinator: Dr. Brian Myers

Is this an online program? No

CourseLeaf SLO Verification: Yes